

P P Savani University & Tathhastu Nurturing Life LLP

Introducing a Specialized Certification Course to be a Scientific Garbhsanskar Trainer

PROFESSIONAL CERTIFICATION IN SCIENTIFIC GARBHSANSKAR

EARN WHILE YOU LEARN!

What it covers?

Module 1: Foundations of Scientific Garbhsanskar

- Fundamentals of Scientific Garbhsanskar
- 9-Month Fetal Development & Implementation
- Genetic Selection, Expression, and Rewriting
- Brain Development: Scientific Insights
- 5-Sense Development: Scientific Aspects

Module 2: Psychological and Emotional Well-being

- Psychological Aspects of Garbhsanskar
- Mind Science: Power of Thoughts
- Techniques for a Happy Mind
- Husband-Wife Relationship & Family Bonding



Module 3: Traditional Practices and Holistic Health

- Garbhadhan Sanskar
- Focus: Pre-conception rituals, mental-spiritual preparation, and optimizing fertility through Ayurvedic principles.
- Pusavan Sanskar & Simantonayan Sanskar
- Ayurveda and Masanumasik Praicharya
- Naturopathy in Prenatal/Postnatal Care
- Importance of Panchakarma
- Homeopathy in Planning and Pregnancy
- Abhimanyu Effects: Ancient Wisdom
- Planning/Pregnancy Myths and Belief Analysis



Module 4: Yoga, Diet, and Physical Wellness

- Planning Yoga
- Pregnancy Yoga
- Diet & Nutrition for Planning/Pregnancy

Module 5: Prenatal, Postnatal, and Gynecological Care

- Planning Care
- Antenatal Care
- Postnatal Care
- Common Gynecological Aspects



Module 6: Coaching Skills and Business Orientation

- Practical Training as a Coach
- Digital Marketing Orientation
- Goal Setting with a Business Mindset



Total Sessions: 32 sessions (1.5 hours each)

COURSE OVERVIEW

- Duration: 4 Months
- Total Learning Hours: 60 Hours
- 48 Hours of Online Live Classes on Zoom (32 sessions × 1.5 hours)
- 12 Hours of Practical Live Workshop
- Recordings of all session in Tathhastu Life Learning Application (1 Year Access)

LIMITED TIME OFFER!



Enroll Now & Become **Tathhastu Associate Partner**
& Start **Earning From Day 1** With Learning!

PROGRAM FEES: ₹25,000

ENROLL NOW!



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Empower Lives, Nurture Generations

Become a Certified Scientific GarbhSanskar Trainer and Transform Parenthood with Ancient Wisdom and Modern Science!